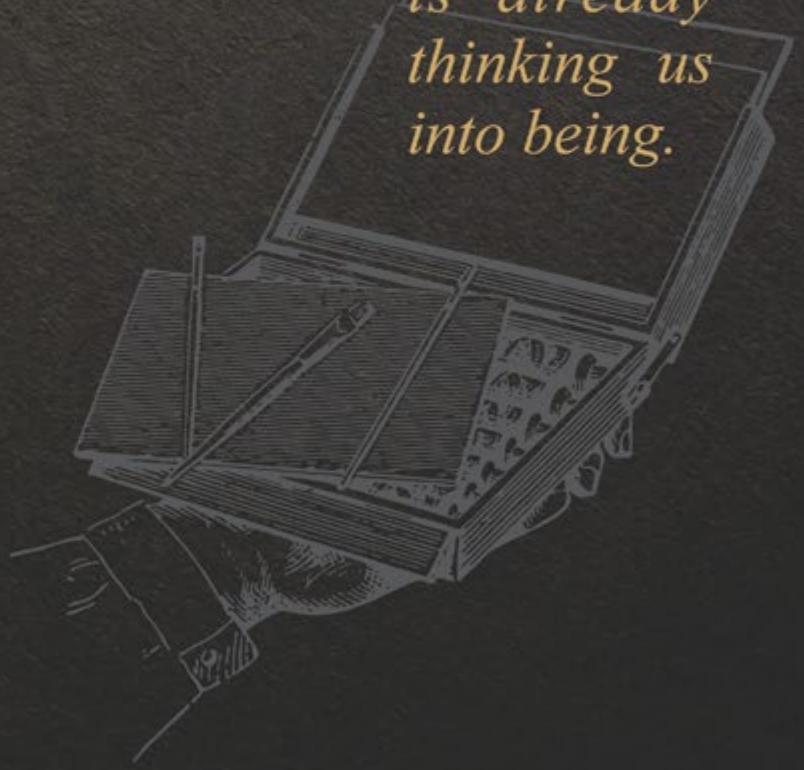
Louisa Punt Fouché

A POETIC REFLECTION OF THE HUMAN CONDITION

Through art and poetry, the future is already thinking us into being.



ART COLLECTION

Artist's Statement

"Becoming human is a cyclical journey that takes us away from and back towards the core of our existence. We create a sacred space within ourselves where we invite transformation, like how a bird builds a nest for its hatchlings. This process of becoming human involves forming images based on how we experience the world from the centre of our bodies, within the hermetic vessel of the mandala, representing the microcosm."

LOUISA PUNT-FOUCHÉ, 1992
(D.PHIL., CLIN PSYCHOLOGY)



Louisa Punt Fouche



Artist's Statement Continued

The quote above made me realise that personal growth involves reconnecting with the universe. This means becoming conscious of the illusion of separateness that comes with having an ego and breaking free from narrow-minded thinking. We naturally express unconditional compassion towards all living things when we achieve this realisation.
Furthermore, we understand that every individual has a unique opportunity to become a mirror through which the universe can become self-aware.

The processes of becoming and being are happening simultaneously in two areas of life - our immediate world that exists in time and space and is encompassed in eternal existence, where there is no time and space. We can understand this concept by drawing, writing, dancing, and building circles informed by universal laws underlying all forms of play, which is the basis of interrelatedness.

The possibility of circles within circles enables us to see the infinite connections that transform everyday life into deeply significant aspects of cosmic play, in which we are both the actors and spectators.
We are the audience, watching ourselves as actors on the stage where there is a beginning and an end. Can there be any play without rules and a script? Can you play music without understanding the laws of harmony and how to play the instrument? Of course not.

Louisa Punt Fouche

Artist's Statement Continued

I am attempting to verbalise my journey as an artist, poet, and writer. The freedom to express precisely what an individual feels is achieved when the universal and inner laws of music or the archetypal theme in the play on the stage are understood. This individual expression is not a contradiction to the universal law of the world we live in. The highest form of art is the bird that bursts into song or the artist and poet who overflows with a free and spontaneous expression of an overwhelming inner experience. This expression is not for reward, acclaim, or gain. It is called Lila, which means "universal play" in Buddhism. It is something that flows freely from us.

I have been influenced by many fellow artists and writers along the way of this personal pilgrimage that has informed, moulded, and encouraged me.

For this reason, I understand that every individual is a crystallisation of everything in the universe. Maybe all the forces of the universe are necessary to create one human being or tree? It makes one wonder if it is not the highest achievement of the universe to become crystallised into the multi-dimensional and multi-faceted forms of conscious and unconscious life.

Through creativity, we dance, dream and sing

The spirit perceives the world of time and space through art. It allows us to see, especially in solitude, the universe's secrets quiver before its unfathomable mysteries.



Exhibition and book: Carrying Sand to the River

"Our real nature is not our imaginary, limited ego. Our true nature is vast, all-comprehensive, and intangible as space."

- Anagarika Govinda

ASHES TO ASHES
A SAD SWEETNESS LINGERING
IN ALL YESTERDAYS

'SUCHNESS' IN A CIRCLE OF 'ALMOSTNESS'

Material	Ink , salt and fire on watercolour paper.
Dimensions	500mmx600mm
Framed	R15 000,00
Unframed	R7 000,00



"Our sole concern must be with the making manifest the future which is immanent in ourselves."

- Jean Gebser

THE TREE OF LIFE

Material	Ink drawing, photographed and digitally manipulated
Dimensions	500mmx600mm
Framed	R8 000,00

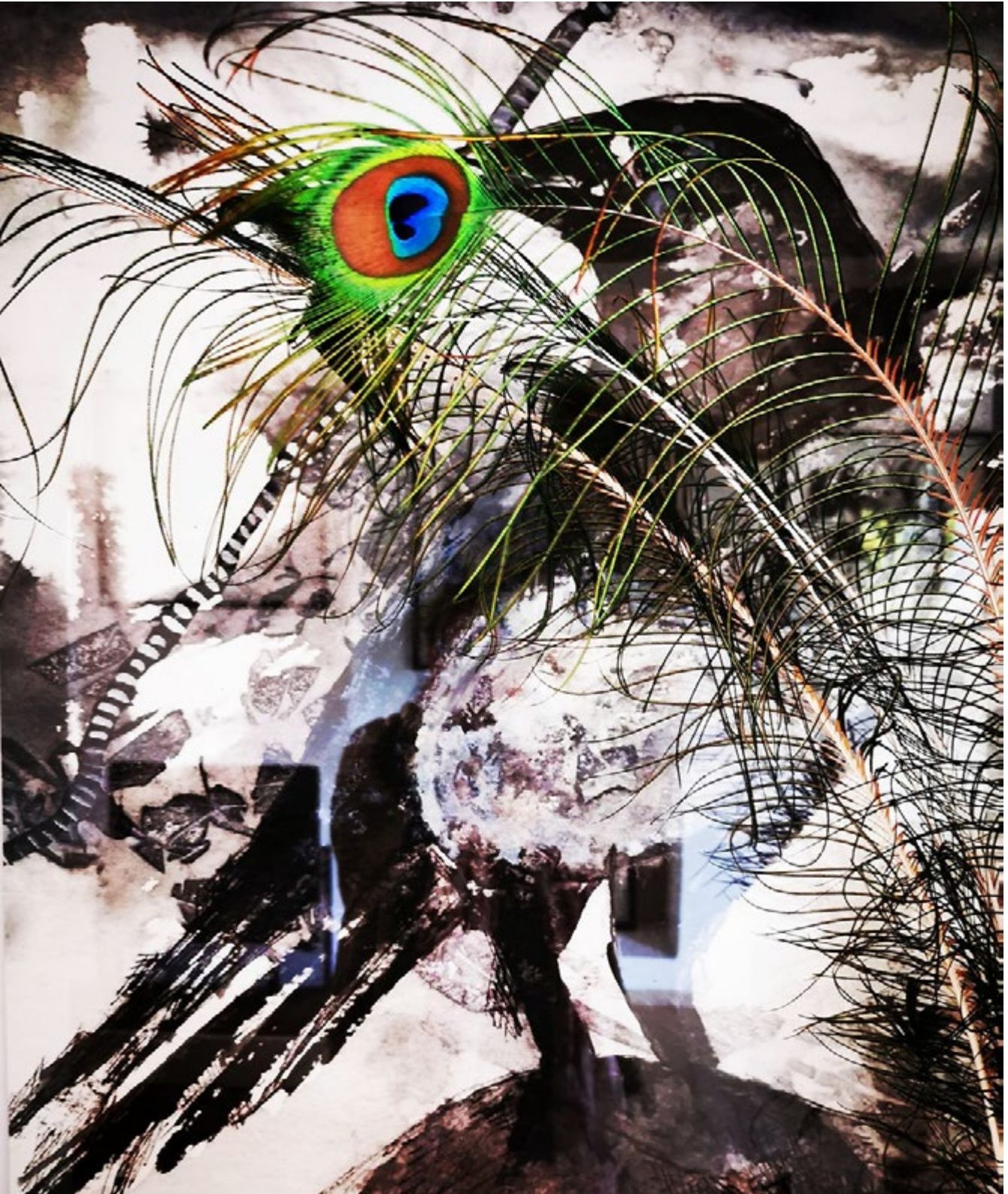


Exhibition and book – Carrying Sand to the River

"As I gaze out of my window at the Agapanthus plants shooting up towards the sky, I can't help but wonder if there is hope for humankind. While the beauty of nature offers a sense of comfort, the reality is that, as individuals, we often feel isolated and disconnected from the world around us. It's hard to accept that what we see is all there is

UNFOLDING CONSCIOUSNESS

Material	Pen and Ink, digitally manipulated
Dimensions	500mmx700mm
Framed	R10 000,00



Exhibition and book: Karoo Pilgrimage

"I love and appreciate the crows at Kredouw Olive Estate in the Karoo. They constantly teach me how to become fearless and aware of nature's intelligence."

THE CROW AND THE FEATHER

Material	Ink on watercolour paper
Dimensions	500mmx500mm
Framed	R12 000,00



Exhibition and book: Karoo Pilgrimage

THE UNDER

Material	Ink on watercolour paper
Dimensions	700mmx1000mm
Framed	R20 000,00



Exhibition: Infinite Hovering

Textures with elemental energy – sometimes suggesting birds, mutated animals' surfaces and contours of new life forms being born out of empty spaces or textural landscapes.

LOVE INTO LIGHT

Material	Water, Salt, Fire infused and emerging ink
Dimensions	500mmx500mm
Framed	R7 000,00



Exhibition: Infinite Hovering

. “The process of creativity unfolded like a dream or an elusive cloud, like flowing waters through broken barren complexities. The swirling patterns that emerged reminded me of an underlying natural order where there is no thought but only deep self-awareness and fearlessness. These artworks foray into the

- Louisa Punt-Fouche

SILVER WINDOWS

Material	Ink on watercolour paper
Dimensions	1000mmx1000mm
Framed	R20 000,00
Unramed	R6 000,00 (500x500 Giclee Print)



Exhibition: Infinite Hovering

"The background, which some might call the collective unconscious, can be compared to an ouroboros or an alchemical vessel. It is a space that collects scattered bits of lived experience through an attentive mind. The matter held within this womb/vessel exists between chaos and the cosmos - an in-between creative space that can be experienced but not easily explained. When I experienced it, I felt a sense of direction and movement, as if each corner of the universe had to be penetrated and made conscious"

THE WILD THING.

Material	Ink on watercolour paper
Dimensions	500mmx500mm
Unframed	R6 000,00



Exhibition: Infinite Hovering

"The "Infinite Hovering" exhibition explores Rorschach-like images, elusive forms, and silhouettes. The paintings seem to emerge into infinite space from a space-less background towards the viewer. The scene appears to be teeming with life in the making, from which forms whimsically occur in unconscious streams of light in defiance of the darkness. Sometimes, they rest in the grey as they transform the space".

WHISPERS

Material	Ink on watercolour paper
Dimensions	1000mmx1000mm
Framed	R20 000,00



I AM THE INTERLUDE OF BIRTH AND DEATH, THE BAROQUE OF HEAVEN

AND EARTH A CASCADE OF INFINITE VARIATIONS –

SUBTLE POLYPHONIC VIBRATIONS, THE SOUND OF MULTIPLE VOICES

TONIGHT, I AM INSIDE THE POEM UNTIL I REACH THE SHORE

GOING SLOW, SLOWING DOWN – RITARDANDO

RITARDANDO

Material	Ink on watercolour paper
Dimensions	1000mmx1000mm
Framed	R20 000,00



Exhibition: Dancemaker

BUT...WHERE THE EARTH RESTS ON AIR, ON NOTHING, THE ETHEREAL BLUR, IN THE LIGHTNING OF TODAY'S POST-MODERN SLUR – ACROSS, BEYOND, THROUGH AND TRANSCEND–OUR REFLECTIONS IN THE MOON'S WATER BEND BACKWARDS INTO HISTORY, TO THE ORIGIN OF ME AND YOU TEASING THE DEEPEST RECESSES OF HUMANITY'S PRUSSIAN BLUE.

SPRITES DANCING ON A NOCTILUCENT CLOUD

Material	Ink on watercolour paper
Dimensions	700mmx400mm
Framed	R8 000,00



Exhibition: Carrying Sand to the River

"What is great in man is that he is a bridge and not an end: what can be loved in man is that he is an overture and a going under."

- Nietzsche

FEATURED PAST

Material	Ink on watercolour paper
Dimensions	500mmx600mm
Framed	R8 000,00



Exhibition and book – Carrying Sand to the River

"Psychological life is always lived as a 'typical' mode of being-in-the-world, and no matter how much a person tries consciously to withdraw, he or she remains bound to it."

- Roger Brooke

PAPER PEOPLE COLLAGED INTO A BROKEN LANDSCAPE

Material	Ink and collage on watercolour paper
Dimensions	500mmx500mm
Framed	R8 000,00



Exhibition: The Red Line

“Only creatures as flawed and ignorant as humans can be free in the way humans are free. We do not know how matter came to dream our world into being; we do not know what, if anything, comes when the dream ends for us and we die”.

- John Gray

REFUGEES WALKING

Material	Pen and Ink on watercolour paper
Dimensions	500mmx500mm
Fframed	R6 000,00



Exhibition and book: Kantloper

"In the rolling thunder of the immanent present, all that we are, all that we have been, and all that we could be is radically with us. Time is whole, and therefore you are whole."

- Jeremy Johnson

KANTLOPER

Material	Pen and ink drawing collaged onto photo
Dimensions	500mmx500mm
Framed	R9 000,00



Exhibition and books: Skaarser-as-Skaarser
Oewerkonyn/ Rarest Riverine Rabbit

"Only creatures as flawed and ignorant as humans can be free in the way humans are free. We do not know how matter came to dream our world into being; we do not know what, if anything, comes when the dream ends for us and we die".

- John Gray

RAREST RIVERINE RABBIT

Material	Pen and Ink on watercolour paper
Dimensions	300mmx700mm
Framed	R5 000,00



Exhibition: The Red Line

WE ARE THE CHILDREN OF THE EARTH. SO, WE PLAY AND DANCE WITH FEARLESS INTELLIGENCE WHILE WE LEARN TO DISCERN BETWEEN LIGHT AND DARK. AND THEN, ONE DAY, IF WE PLAY CONSCIENTIOUSLY, WE MIGHT FIND OURSELVES IN THE LIBRARY OF ALL THINGS WHERE WE ARE INSTRUCTED BY THE SUN, MOON, AND STARS TO WAKE UP AND TO BE THE MARRIAGE OF LIGHT AND DARK – UNITY IN SHIMMERING SILVER – THE MIRROR OF THE COSMOS.

DIANA AND THE GODDESS BAST

Material	Pen and ink drawing on monoprint
Dimensions	500mmx500mm
Unframed	R7 000,00



Exhibition: The Red Line

“Warped wire men are gazing at an intricately woven lattice ballgown. It is voluptuously shaped into the feminine form – a matrix murmuring dark, wet, shimmering summer secrets of fertility and life force.

The hungry men blush and cry red-hot tears of remorse. The red line that runs through all life is disappearing. Burnt coffee replaced the sensual smells of intimacy, sandalwood, jasmine, and musk.”

- In A lizard’s flickering tongue

EMPTY PROMISES

Material	Pen and Ink on monoprint
Dimensions	500mmx500mm
Unframed	R7 000,00



Exhibition and book: Webs of Enchantment

OLD BIRD SONG

Material	Pen and ink on rice paper
Dimensions	700mmx400mm - Giclee Print
Framed	R8 000,00



Exhibition and book: Webs of Enchantment

CLOAK OF HUMAN TEARS

Material	Pen and Ink on rice paper
Dimensions	500mmx500mm - Giclee Print
Framed	R8 000,00



Exhibition: Mother Earth Revisited

The pen-and-ink etching celebrates an intimate bond between woman and earth as the realm of our common origin, which needs to be revered and ritually celebrated. It summons middle-earthen figures, memories of Jungian archetypes and Tolkienesque imaginings into the time-space of ink drawings on rice paper – an attempt to be awake in a collective sphere of imagination.

I AM A PSYCHIC PROCESS IN A CONTRACTING AND EXPANDING UNIVERSE

Material	Coloured etching (Aquatint)
Dimensions	500mmx500mm - Giclee Print
Unframed	R7 000,00



Daehaeng Sunin compares 'juingong' to the root of the tree, the fundamental mind. She describes the 'mind' as the foundation of the universe, the foundation of the sun, and the foundation through which human beings manage and do all things in their daily lives. Mind is the omniscient and omnipotent creator that makes everything and transcends all concepts.

According to her, the mind does not have colour, shape, location, beginning or end. The mind cannot be said to be this or that, inside or outside. The mind cannot be divided, cannot be absorbed, and cannot be destroyed.

DAEHAENG SUNIN AND HER ALLEGORICAL WORLD OF ESSENCE

Material	Collage
Dimensions	500mmx500mm
Framed	R8 000,00



Exhibition: A Trace of Thyme

"Art transports us, the Seers, into an alchemical crucible, where the base matter of our souls (Prima Materia) is gathered and melted down. It is here where some process of dissolving and transformation is initiated. The architecture of the exterior and interior landscapes is appropriated through colour and texture and then formed into a vessel of change."

- Louisa Punt-Fouche

A DREAM VERSE 1

Material	Ink, salt, and fire on watercolour paper
Dimensions	700mmx400mm
Unframed	R7 000,00



UNFOLDING OF THE PRESENT MOMENT, WHICH 'HAPPENS' TO US AND FULFILS ITSELF IN US

Material	Pen and Ink on monoprint
Dimensions	500mmx500mm
Unframed	R7 000,00

Exhibitions

2022:	A retrospective exhibition at the new Gallery, at the Rude Chef, Prince Albert	
2022:	A Trace of Thyme – A New World	
2020:	Root Beings - Photography	
2020:	Karoo Pilgrimage	
2019:	Queen of Thorns - Photography	
2019:	The Time of the Butterflies	
2018:	Infinite Hovering	
2018:	The Dance Maker	
2018:	Jailed Shadows	
2017:	Ek skryf met bloed en bene - Exhibition of retrospective art included in Louisa Punt-Fouche's poetry publication	
2017:	Ek skryf met bloed en bene/The Riverine Rabbit - Illustrations of two published children's books	
2016:	Red Line - Exhibited at Kredouw Gallery and in group exhibitions.	
2012	Daar is kewers in my ruggraat. Exhibition of all the illustrations of this Biographical novel, by Louisa Punt-Fouche, Schoenmakerskop, PE.	
2010	Webs of Enchantment. A retrospective exhibition of works is included in this poetry book. PE	
2009	Mother Earth Revisited (three-person exhibition)	Liebrecht Gallery, Somerset-West
2005	Being Framed	Pi – Gallery, Port Elizabeth
2001	Exhibition at the Living Art Festival of mandalas. PE.	
2000	The Beautiful Four	Klein Karoo Nasionale Kunstefees (KKNK), Oudtshoorn.

1999	The Cloud of Unknowing New Castle Library, New Castle
1998	Like a Bird on a Wire Cuyler Street Gallery, Port Elizabeth -dedicated to L.Cohen-
1997	Memories, dreams, Reflections – Grahamstown Festival
1996	Webs of Enchantment Cuyler Street Gallery, Port Elizabeth

GROUP EXHIBITIONS

2018 – 2021	Prince Albert Open studio at Kredouw Olive Estate and group Exhibition at Prince Albert Gallery.
2011	Spring Exhibition. Yvette Mey Art Gallery. PE
2010	Transfiguration, Ekphrastic Exhibition. Richmond Hill, PE. Poems And art by Louisa Punt-Fouche
2010	Moonscapes (giclee prints). Grahamstown Festival. Organised by Stephen Walker from WalkerDigital for Eastern Cape Artists. *
2009	The Red Line Exhibition (a few giclee prints). Grahamstown Festival. Organised by Stephen Walker from WalkerDigital for Eastern Cape Artists. *
2008	A journey through womanhood at Mythic Home, PE.
2008	Old Works from The Past – Exhibition. Montage Gallery. Port Elizabeth.
2006	Exhibition of jewellery, COW Design by Louisa Punt–Fouche. Mythic Home, PE.
2005	IT-IS-US@LOOKINGLASS.COM – Art Exhibition. Anneliese Brink, Louise Punt-Fouche, Philip de Bruyn. Gordonsbay.
2002	Choice and Interpretation Group exhibition. EPSAC Art Gallery. Port Elizabeth.
1998	Group Exhibition. Merilyn Barry Gallery. Port Elizabeth.
2001	In My Medicine Bowl Group Exhibition. Mythic Home. Port Elizabeth.
2001	Woman Festival, Group Exhibition. New Castle.

2000	Graphic Exhibition. Easter Cape Graphic Artists. Exhibition and demonstration. Cuylerstreet Gallery. Port Elizabeth.
2000	Impromptu Group Exhibition. Selected Eastern Cape artists. Cuylerstreet. Port Elizabeth.
1999	Group exhibition, EPSAC, PE.
1998	Pro Arte Group Exhibition. Robertson.
1999	Group exhibition, EPSAC, PE.
1998	A Three-Person Exhibition. Anneliese Potgieter, Frikkie Potgieter, Louise Punt – Fouche at the Helderberg Gallery, The Strand Western Cape.
1997	Exhibition with Michael Barry at the Culver Street Gallery, PE. Louisa's exhibition, entitled "A Bird on a Wire".
1997	People, Places and Perspectives Group Exhibition. King George IV Gallery. Port Elizabeth.
1997	Sense of Place Group Exhibition. Johannes Stegman Gallery. Bloemfontein.
1997	Black and White Group Exhibition. Cuyler Street Gallery, PE.
1996	Two-woman Exhibition, Louisa Punt-Fouche and Louisa Almon At the Cuyler Street Gallery. Louisa exhibited Webs of Enchantment, pen-and-ink-series.
1996	Moonscape Group Exhibition. Cuyler Street Gallery. Port Elizabeth.
1996	Selected works at EPSAC'S annual exhibition, Port Elizabeth.
1996	Rina Badenhorst Studio Group Exhibition. Cuyler street Gallery. Port Elizabeth. *
1995	Rina Badenhorst Studio Group Exhibition. King George IV Gallery. Port Elizabeth

Overview of Other Works



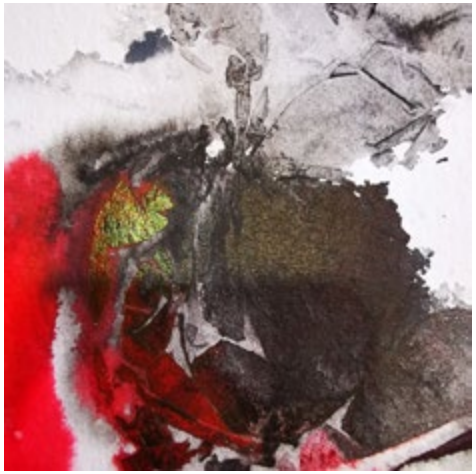


















Archetypal woman

AIN'T MISBEHAVIN'







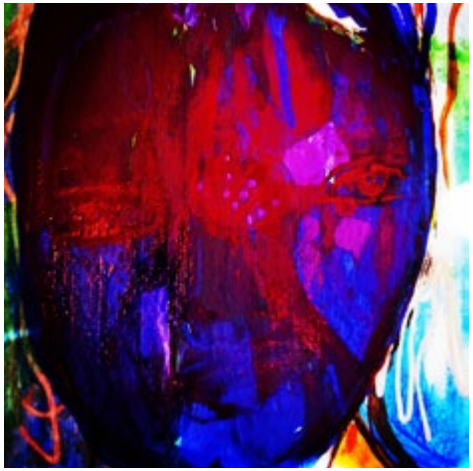




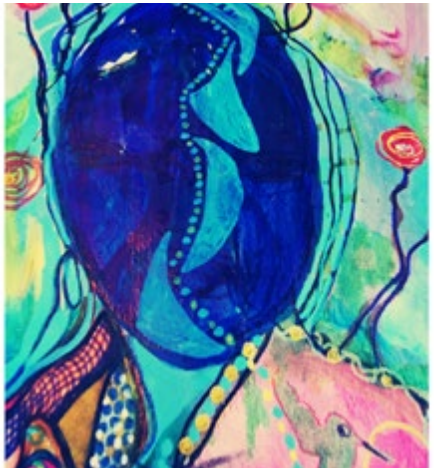

















Embrace the world around you, where textures and tones are your music, and your mind captures beauty with a butterfly net.



Louisa Fouche

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